

# GARLIC CONFIT

Servings 2 cups - Prep Time 10 mins - Total Time 2 hours

## INGREDIENTS

4 heads of Gwenyn Hill garlic

2 cups olive or avocado oil

Salt to taste

## DIRECTIONS

- Preheat oven to 250°.
- Peel garlic skins
- Place peeled garlic and oil in a small casserole or baking dish (add more oil if cloves aren't submerged)
- Cover and bake until cloves are golden and fork tender
- Let cool completely before transferring to an airtight container
- Keep in the refrigerator up to a month

Perfect for spreading on toast, adding to sauces, dips or any recipe you would normally use garlic